

THE CROSS+ROADS

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Hi-Lites

- Volunteer to help at Greek Festival Fall Edition
- New families welcomed at Welcome Sunday
- Youth Ministry Activities include Top Golf Outing and Agiasmos service as Ecclesiastical New Year begins

† FROM FATHER GEORGE

CALM AFTER STORM

The month of September was certainly one for the history books for Hampton Roads. Our area saw a great deal of rain and we then were foretold the impending arrival of Hurricane Florence and the possible effects that she would have on our area. Like most of you I noticed the “out of gas” signs at our local gas stations as well as the people rushing to buy bottles water.

We survived Florence and now we should all be calm after the storm. What should now come into focus is where do we go from here. We find ourselves in October with all the opportunities to make a difference. How wonderful it was to witness our Parish as well as the other Orthodox parishes of Hampton Roads prepare 350 backpacks for needy children in a Norfolk school. Because of your generosity, students were able to have the

necessary school supplies at the beginning of the academic year to help their education experience. There is strength when people come together for a common good.

Please take the necessary time to focus on ministry. Our Parish has ministries that are Christ-centered which benefit the needs of others. Let us continue what was started in 1949 when a group of faithful Orthodox Christians saw the need for a Parish and established Saints Constantine and Helen.

The ability in serving is before all of us and there is no one who cannot come up to the plate and do what needs to be done. I call upon all to, through the power of prayer and works, come to the realization of what needs to be done and focus on the following school of thought, “What could be done, can be “.

NOTICE OF PARISH ASSEMBLY

SUNDAY, OCTOBER 28, 2018, AT 12:45 P.M.

Dear Parishioners,

In accordance with Article VIII of the By-Laws of Saints Constantine & Helen Greek Orthodox Church, written notice is hereby given for the Fall Parish Assembly meeting to be held in the Hellenic Center at **12:45 p.m., Sunday, October 28, 2018.**

Your time and participation are needed at this Assembly meeting. Please make every effort to attend. The Agenda, Minutes of the Spring 2018 General Assembly, and Finan-

cial (to include summary of 2018) will be available in the Church Office after October 17th. Anyone with an item of New Business, please contact the Parish Council President or Secretary so the item can be reflected in the proposed Agenda. Only members in good standing are eligible to vote.

May God continue to bless our Parish.

In Christ,

Rev. George Chioros, Pastor

Frank Peri, Parish Council President



October 18, 19, 20: Thursday 4:00 pm – 10:00 pm / Friday & Saturday 11:00 am – 10:00 pm



Glory Be To God

**Saints Constantine & Helen
Greek Orthodox Church
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Office Hours

Monday Through Friday
9:00 a.m. until 5:00 p.m.

Priest

Father George Chioros

Work 596-6152

Home 597-7786

Mobile 288-4487

Email frgchioros@aol.com

Parish Council

Frank Peri, President
John Dermanis, Vice Pres.
Zena Mageras, Treasurer
Bobby Garofalis, Asst. Treas.
Kent Paumier, Secretary
Greg Bicouvaris
Stavroula Gailey
Tom Grepiotis
Nick Matthews
Anastasia Theodorogiannis
Barry Hendricks, Past Pres.

Chanters

Tim Sofis
Harry Fotiou
John Williams
Brian Fink
George Petrakos

Church Secretary

Sylvia Marcin

Archdiocese on the web
www.goarch.org

OCTOBER SUNDAYS

Apolytikion for Saints Constantine & Helen, Equal-to-the Apostles in the Plagal of the Fourth Tone

Having seen the image of Thy Cross in Heaven, and like Paul, having received the call not from men, Thine apostle among kings entrusted the commonwealth to Thy hand, O Lord. Keep us always in peace, by the intercessions of the Theotokos, O only Friend of man.

Τοῦ Σταυροῦ σου τὸν τύπον ἐν οὐρανῷ θεασάμενος, καὶ ὡς ὁ Παῦλος τὴν κλήσιν οὐκ ἐξ ἀνθρώπων δεξάμενος, ὁ ἐν βασιλεύσιν, Ἀπόστολός σου Κύριε, Βασιλεύουσαν πόλιν τῆ χειρὶ σου παρέθετο ἦν περιῶζε διὰ παντός ἐν εἰρήνῃ, πρεσβειῆς τῆς Θεοτόκου, μόνε Φιλάνθρωπε.

OCTOBER 7

EPISTLE READING

Second Letter to the Corinthians 11:31-33; 12:1-9

Brethren, the God and Father of the Lord Jesus, he who is blessed for ever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who fourteen years ago was caught

up to the third heaven -- whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise --whether in the body or out of the body I do not know, God knows -- and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

GOSPEL READING

Luke 7:11-16

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she

(Continued on page 3)

ACOLYTES

OCTOBER 7, 28

Team A

Yianni Tsimplekis

Dean Peri
Michael Daoud
Gabriel Daoud
Christopher Micha
Sameer Amireh

OCTOBER 14

Team B

James St. Martin

Cris Campbell
Soterios Tofalli
Kyprianos Tofalli
Konstantin Garofalis
Aidan Capobianco

OCTOBER 21

Team C

Georgios Haramis

Christos Konstantinou

Christopher Myers
Nolan Krisik
Will Estes
Alexandros Baxevanis

EPISTLE READERS

Please contact Barry Hendricks if you are interested in reading the Epistle during the Sunday Divine Liturgy.

bhendricks@cox.net

OCTOBER

07: Trish Demson

14: (GOYA) Dean Peri

21: Joe Saur

28: Tim Sofis

PARISH MINISTRIES & ORGANIZATIONS

Philoptochos

Stavroula Gailey, President

Religious Education

Viola Allen, Frances Tsimplekis, Co-Directors

Greek School

Paula Tofalli, Aphrodite Christopoulos

Youth Ministry

Mariam Canavos, Youth Director
Stephanie Peri and Kent Paumier, Advisors

Acolytes

Barry Hendricks, Director

JOY/HOPE

Helen Micha, Director

Bookstore

Elizabeth Puckett

Weekly Bulletin

Peter Johns

Cross+Roads

Nick Vlattas

Greek Orthodox Youth Association (GOYA)

Christina Myers, President

Kent Paumier, Advisor

Young Adult League (YAL)

Anastasia Theodorogiannis, President

Golden Hearts

Helen George, President

Order of AHEPA

Nick Matthews, President

Daughters of Penelope

Kathy Matthews, President

Hellenic Womens Penelope Society

Maria Vidakis (October)

Hellenic Youth Dancers

Bobby Garofalis, Director



(Continued from page 2)

was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"

Κατὰ Λουκᾶν 7:11-16

Τῷ καιρῷ ἐκείνῳ, ἐπορεύετο εἰς πόλιν καλουμένην Ναϊν· καὶ συνεπορεύοντο αὐτῷ οἱ μαθηταὶ αὐτοῦ ἱκανοὶ καὶ ὄχλος πολὺς, ὡς δὲ ἤγγισε τῇ πύλῃ τῆς πόλεως, καὶ ἰδοὺ ἐξεκοιμίζετο τεθνηκώς υἱὸς μονογενῆς τῆ μητρὶ αὐτοῦ, καὶ αὕτη ἦν χήρα, καὶ ὄχλος τῆς πόλεως ἱκανὸς ἦν σὺν αὐτῇ· καὶ ἰδὼν αὐτὴν ὁ Κύριος ἐσπλαγχνίσθη ἐπ' αὐτῇ καὶ εἶπεν αὐτῇ· μὴ κλαῖε· καὶ προσελθὼν ἤψατο τῆς σοροῦ, οἱ δὲ βασιτάζοντες ἔστησαν, καὶ εἶπεν· νανίσκε, σοὶ λέγω, ἐγέρθητι. καὶ ἀνεκάθισεν ὁ νεκρὸς καὶ ἤρξατο λαλεῖν, καὶ ἔδωκεν αὐτὸν τῇ μητρὶ αὐτοῦ. ἔλαβε δὲ φόβος πάντας καὶ ἐδόξαζον τὸν Θεόν, λέγοντες ὅτι προφήτης μέγας ἐγήγερται ἐν ἡμῖν, καὶ ὅτι ἐπεσκέψατο ὁ Θεὸς τὸν λαὸν αὐτοῦ.

SAINTS AND FEASTS COMMEMORATED

3rd Sunday of Luke
Sergius & Bacchus the Great
Martyrs of Syria
Polychronios the Martyr
Julian the Presbyter & Caesari-
us the Deacon

John the Hermit of Crete WISDOM OF THE FATHERS

That dead man was being buried, and many friends were conducting him to his tomb. But there meets him Christ, the Life and Resurrection, for He is the destroyer of death and of corruption; He it is "in Whom we live and move and have our being" (Acts 17:28); He it is Who has restored the nature of man to that which it originally was; and has set free our death-fraught flesh from the bonds of death. - St. Cyril of Alexandria, Commentary on the Gospel of St. Luke, Homily 36.42, p. 153., 5th Century

HYMNS OF THE DAY

Resurrectional Apolytikion in the Second Mode

When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lightning of Thy Divinity. And when Thou didst also raise the dead out of the nethermost depths, all the powers in the Heavens cried out: O Life-giver, Christ our God, glory be to Thee.

Apolytikion for Martyrs Sergius and Bacchus in the Fourth Mode

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

OCTOBER 14

EPISTLE READING

Titus 3:8-15

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent

and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

GOSPEL READING

Luke 8:5-15

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are

those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

SAINTS AND FEASTS COMMEMORATED

Sunday of the 7th Ecumenical Council



On the Sunday that falls on or immediately after the eleventh of this month, we chant the Service to the 350 holy Fathers of the Seventh Ecumenical Council, which gathered in Nicaea in 787 under the holy Patriarch Tarasius and during the reign of the Empress Irene and her son, Constantine Porphyrogenitus, to refute the Iconoclast heresy, which had received imperial support beginning with the Edict issued in 726 by Emperor Leo the Isaurian. Many of the holy Fathers who condemned Iconoclasm at this holy Council later died as Confessors and Martyrs for the holy Icons during the second assault of Iconoclasm in the ninth century, especially during the reigns of Leo the Armenian and Theophilus.

Praised Ignatius, Archbishop of Methymna

Nazarius, Gervasius, Protasius, & Celsus of Milan
Cosmas the Hagiopolite
Righteous Paraskeve of Serbia

WISDOM OF THE FATHERS

When you see life's pleasures, beware that they might not distract you, for they conceal death's snares. Likewise a fisherman casts not his hook to no purpose. As bait for his hook, the enemy

(Continued on page 7)

CHURCH REGISTRY / ANNOUNCEMENTS

BIRTHS:

Our sincere congratulations and best wishes to **Lyle & Demetria Charbonneau** on the birth of their daughters, September 5. Proud maternal grandparents **Elias & Zoe Doulgerakis**. NA SAS ZISI !!!!!

ILL AND NEEDING

OUR PRAYERS:

We wish a speedy and complete recovery to our friends and fellow parishioners who have been ill and/or hospitalized recently: **Alex Michalos, John Pawluk, Helen Bernhard, Marina Koliopoulos. Paula Detweiler, and Andy Call.**

PERASTIKA SAS !!!!!

DEATHS:

Our sincere condolences to the family of **Chris Fotiou** who died August 25 and whose funeral service was held in our Church August 31.

Our sincere condolences to the family of **Anastasios "Stacey" Koumbas** who died on September 21 and whose funeral service took place on September 26.

MAY THEIR MEMORY BE ETERNAL !!!!!

THANK YOU:

The Koumbas, Georges, Mageras and Elks families thank those who expressed their love and thoughtfulness with cards, phone calls and donations with the loss of Anastasios "Stacey" Koumbas.

CHRISTMAS CARDS

We would like everyone to be included in our Community Christmas Card this year. Please consider making a Christmas offering of \$30.00 now to defray purchase, printing and postage expenses. We want your name(s) to be in our Christmas Card! Forms for ordering Poinsettias in memory or thanksgiving of loved ones as well as for our Christmas Card can be found on page 9 of the Cross+Roads. The forms are also included in the E-bulletin and in the Narthex. Please submit your form(s) with remittance by November 28th to accommodate the printer's heavy schedule before the Christmas Holidays.

WEEKLY E-BULLETIN

If you would like to subscribe to the weekly E-Bulletin, enter this link in your web browser: (<https://www.goarch.org/listssubscribe?l=SCHNEWSLETTER>), to sign up; fill out the requested data, and submit.

PARISH COUNCIL NOMINATION FORMS

Are you looking for a meaningful and significant way to get involved in the life of the Church? Then we invite you to consider serving on the Parish Council. By definition, the Parish Council is the administrative body of a Church community, elected by its faithful for the purpose of working together with the Parish Priest in fulfilling the mission and goals of the community. If this sounds like something you are interested in, please consider filling out a nomination form between now and October 22. Elections will be held November 4 after Liturgy. If you have any questions about the Parish Council, please ask any currently serving member and they will be happy to fill you in on the responsibilities. If you would like to complete a nomination form, please pick one up in the Narthex or Church Office, or contact Father George Chioros.

REFRESHMENTS

WE THANK OUR PARISHIONERS FOR THEIR GENEROSITY IN HOSTING THE COFFEE AFTER CHURCH EACH SUNDAY. PLEASE, CONTINUE TO CHECK THE CROSS+ROADS EACH MONTH, FIND OUT ON WHICH SUNDAY YOU ARE SCHEDULED TO HOST AND BE PREPARED TO DO SO. AGAIN, MANY, MANY THANKS TO ALL OF YOU.

The Hosts for the month of October are:
October 7: M/M A. Garrison, M/M J. Georgalas, Dr. V. Georgalas, Mr. R. Morton
October 14: M/M T. Gouletas, M/M T. Grepotiis, Ms. Helen Siokis
October 21: Ms. A. Asime, M/M R. Headrick, M/M B. Vidakais
October 28: Ms. H. Hollowell Kanelos, Mr. Frank Kanelos, Ms. Helen Kanelos, M/M C. Jensen

ATTENDANCE

Sep 2	113
Sep 9	128
Sep 16	159
Sep 23	154
Sep 30	173
SEP 2018 Ave	145
SEP 2017 Ave	168
YTD 2018 Ave	142
YTD 2017 Ave	140



Koliva

If you would like to purchase Koliva for memorials, you may contact:

Mary Graham and Christine
 Fulmore 595-7871
 Helen Nicholls 817-8215
 Anastasia Savrides 595-1581
 Athena Savvas 589-1484

Cross+Roads

CHURCH EMAIL LIST

Subscribe to the church email list for monthly links to the Cross+Roads and important church announcements at: www.schgochurch.va.goarch.org

DEADLINE

Please email information no later than the 20th day of the month to Nick Viattas nvlattas@gmail.com

CHURCH, CLUB AND COMMUNITY NEWS

PHILOPTOCHOS

Many, many thanks to all our wonderful members for the delicious dishes they prepared for our September Covered Dish Meeting. What a wonderful feast and great comradeship we all had. **Great job, ladies !!!!**

We ask all our members to remember that on **Tuesday, October 9**, we're hosting our **Golden Hearts Luncheon**. Please, do make sure, if possible, to make yourselves available that day (and the previous day for preparations) not only to help with the luncheon, but also to let our **Seniors** know that we appreciate and thank them for everything they contributed to our Community throughout the years.

On **Sunday, November 4**, we observe the feast day our patron saints, **Saints Cosmas and Damianos**. On that Sunday, **Philoptochos** will pass a special tray and have a memorial service for all our deceased members. Please, make plans to attend **Church, Sunday, November 4**, and to join your fellow **Philoptochos** members in sitting in the two front pews on the right hand side of the isle. These pews will have been reserve for **Philoptochos** members. **Let's fill them.**

Do remember that our **AOK** project continues on. As we have often reminded everyone, this is the project where we visit patients receiving chemo-

therapy infusions at Virginia Oncology every Monday of each month and to whom we bring a light lunch and much cheer. Please, be willing to help with this project. Call **Ellie Costulis, H 833-8181,**

C303-3080, and volunteer your services. There is a number of ways you can help. You can contribute monetarily or you can make sandwiches for others to take to these patients if you're unable to participate physically. Please, consider helping in some way.

Our obligation to the **National** for the month of October is a contribution to the **National Philoptochos Emergency Fund** which enables **Philoptochos** to respond immediately to national and international disasters.

Our October meeting will be October 1, in the Community Center, starting with refreshments at 6:30 p.m. Hosting this meeting will be **Christine Georges** and **Christine Mignogna**.

DAUGHTERS OF PENELOPE

The **Third Annual Champagne Brunch and Fashion Show** to support our Community Scholarship Program will this year be held **Saturday, November 3**, from **10:30 am to 12:30 pm** in the **AHEPA Family Home**. The price of tickets for this event is **\$25.00 a ticket**, the same as last year. Clothes will be provided by **J. Jill** and

will be modeled by your friends and members of the **Daughters**. We're looking forward to having many of you attend this fun function not only to support a worthy project but also to enjoy a great brunch and to share a lovely morning in great fellowship with many of your friends. Tickets for this event will soon be available and will be on sale, Sundays following Church services during the coffee hour.

Sisters, dues for the new term are now payable. Please, remit your dues to **Maria Vidakis** who will issue you a receipt. **DOP dues are \$38.00 annually.**

The October meeting of the **DOP** will be **Thursday, October 25**, starting with dinner at 6:30 pm. Do try to attend this meeting as we will be making final plans for our upcoming **Champagne Brunch and Fashion Show**.

HELLENIC WOMAN'S PENELOPE SOCIETY

The **Hellenic Woman's Penelope Society (HWPS)** will meet on **Thursday, October 4th** at **6:00 p.m.** at the **Hellenic Center**. **Helen Siokis** will be the hostess and **Maria Vidakis** will serve as president for the month of October.

As a result of Hurricane Florence, our September meeting was cancelled and the October meeting's agenda will cover many items to be discussed and approved. It is, therefore, of the utmost importance

that we have an impressive attendance at this meeting.

On **Friday, November 16th** we will have our **ANNUAL FALL BAKE SALE PASTRY PICK-UP** at the **Hellenic Center** from **10:00 am to 12:00 noon**. **Pastry preparation will take place on Tuesday, Nov. 13th** (**baklava, finikia and koulourakia**) and on **Wednesday, Nov. 14th** (**kourabiethes and finikia dipping**).

The month of November is also a very special month for us as it will mark the **89th Anniversary** of the founding of the **Hellenic Woman's Penelope Society**. We are proud of our long and impressive history of continuous service to our church community and to our community at large.

Our prayers and thoughts are with **Alex Michalos**, who is hospitalized at **Norfolk General Hospital**. **Joanie**, we love you, we miss you and we pray to God to also bless you with good health as you so admirably attend to your beloved **Alex**.

We offer our sincere and heartfelt sympathy to the family of the late **Chris Fotiou**, who passed away most recently. **Chris's** late wife, **Doris**, was a very active member of our society and both she and **Chris** were very supportive of our work and mission.

May his memory be eternal.

WELCOME SUNDAY



Front row, left to right: Martha Sawtschenko; Luciana Luca; Fr. George; Tim Sofis, Barbara Dellavalle
Back row, left to right: Marguerite Marrone; Gina, Alexander and Yiannis Polychronopoulos; Brian Fink; Dianne Sun; Andrea Fink; Frank Peri.

Unable to attend: Ana Demson, Angeliki Polychronopoulos, and Lambros Tzerfos.

New Member Welcome Sunday took place on September 16. We welcomed 13 new members of our Church family. During a special presentation at the conclusion of the Divine Liturgy, Dianne Sun, Welcome Chairman, read each person's biography as they approached the Solea. Fr. George presented them with an icon of St. Stylianos and they were then greeted by Parish Council President, Frank Peri. Once everyone had assembled on the Solea, Fr. George gave a blessing for all of our new friends. A special coffee hour reception was held in their honor so that our parishioners could greet them. A special thank you goes to Konstantinos and Anastasia Doulgerakis for making the beautiful icons!

YOUTH MINISTRY



GOYA Topgolf event! Thank you to everyone who came out to our Topgolf event, the teens had a great time!

We started out the new Ecclesiastical year with The Agiasmos service, we are looking forward to a great year!

Mariam Canavos, Youth Director



OCTOBER SUNDAYS AT SAINTS CONSTANTINE AND HELEN

(Continued from page 3)
uses the delusion of sensuality to arouse desire, that he might thereby catch men's souls and subject them to himself. A soul which has been caught to serve the enemy's will then serves as a snare for other souls, for it conceals the grief of sin with its apparent delight. St. Ephraim the Syrian, A Spiritual Psalter no 43, pg. 74, 4th century

HYMNS OF THE DAY

Resurrectional Apolytikion in the Third Mode

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Apolytikion for Sun. of the 7th Ecumenical Council in the Plagal Fourth Mode

Most glorified art Thou, O Christ our God, Who hast established our Fathers as luminous stars upon the earth, and through them didst guide us all to the true Faith. O Most Merciful One, glory be to Thee.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

OCTOBER 21

EPISTLE READING Galatians 2:16-20

Brethren, knowing that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin?

Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

GOSPEL READING

Luke 8:26-39

At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gada-

renes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.

SAINTS AND FEASTS COMMEMORATED

Righteous Philotheus
John the New Martyr of Peleponnesos
6th Sunday of Luke
Hilarion the Great
Martyrs Theodote and Socrates

WISDOM OF THE FATHERS

Some say, 'Why do they [demons] possess people?' I answer those who wish to have this explained that the reason of these things is very deep. Somewhere one of His saints addressed God by saying, 'Your judgments are a vast abyss.' As long as we bear this in mind, we will perhaps not miss the mark. St. Cyril of Alexandria, Commentary on Luke, Homily 44. (Ancient Christian Commentary on Scripture; vol 3: Luke, Intervarsity Press)

HYMNS OF THE DAY

Resurrectional Apolytikion in the Fourth Mode

Having learned the joyful proclamation of the Resurrection from the Angel, and having cast off the ancestral condemnation, the women disciples of the Lord spake to the Apostles exultantly: Death is despoiled and Christ God is risen, granting great mercy to the world.

Apolytikion for Hilarion the Great in the Plagal Fourth Mode

With the streams of thy tears, thou didst cultivate the barrenness of the desert; and by thy sighings from the depths, thou didst bear fruit a hundredfold in labours; and thou becamest a luminary, shining with miracles upon the world, O Hilarion our righteous Father. Intercede with

Christ God that our souls be saved.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

OCTOBER 28

EPISTLE READING Galatians 6:11-18

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

GOSPEL READING

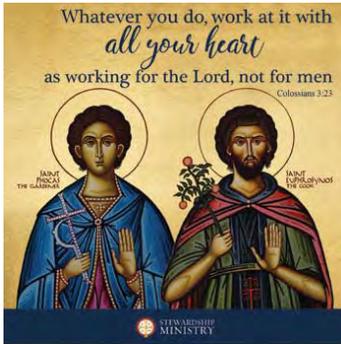
Luke 8:41-56

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought him to come to his house, for he had an only daughter, about twelve years of age, and she was dying. As he went, the people pressed round him. And a woman who had had a flow of blood for twelve years and had spent all her living upon physicians and could not be healed by

(Continued on page 9)

STEWARDS OF THE CHURCH AS OF SEPTEMBER 19

WHATEVER YOU DO, WORK AT IT WITH ALL YOUR HEART AS WORKING FOR THE LORD AND NOT FOR MEN—Colossians 3:23



WE WOULD LIKE TO THANK THE PARISHIONERS LISTED BELOW FOR MAKING A STEWARDSHIP PLEDGE FOR 2018:

DEMETRIOS & MELINDA ALIMONOS
 GEORGE & JACKIE ANAS
 MARY ANAS
 NICK & DOTTIE ANDRE
 TONY & MARIKA ANTHONY
 SAKI & ELENI AVRAMIDIS
 ANDY & TESSIE BAKER
 BARNEY & GEORGIA BARNES
 MARINA BECOVARAKIS
 DEAN & MARY ANN BELER
 HELEN BERNHARD
 GREG BICOVARIS
 LEROY & JOANNA BOSSETTI
 JAMES & GAYLE BOTELIS
 RENEE BROWN
 NATASSA CALL
 CHARLES & BETH CAMPBELL
 JOHN & PHOEBE CAMPBELL
 DEAN & STACEY CANAVOS
 SAMSON & MARIAM CANAVOS
 CONO & ANNA CAPOBIANCO
 MIKE & MELISSA CHALKIAS
 FR. GEORGE & PRES. FLORA CHIOROS
 APHRODITE CHRISTOPOULOS
 ALEX & CHRISTINA CONSTANTINE
 ELLIE COSTULIS
 JOHN & KAY COSTULIS
 TESSIE DAKIS
 CAMELIA DANA
 BOB & TRISH DEMSON
 JOHN DERMANIS
 KATHY DERMANIS
 FR. NICK DESPOTIDES
 KURT & PAULA DETWEILER
 STEFANIA DIMOFTE
 MIHAELA DOBRESCU
 ELIAS & ZOE DOULGERAKIS
 LYDIA DOULGERAKIS
 FAYE EVANS
 GUS & MARINA FOTIADIS
 HARRY & ZOE FOTIOU

TED & JO ELLEN FOTIOU
 JOHN & BARBARA FRANCE
 STAVROULA GAILEY
 MARIA GALANOS
 THEO & ALEXIS GALOOZIS
 GEORGE & COLETTE GAROFALIS
 ALVIN & ALEXA GARRISON
 ARTHUR GEMENIS
 BILL & CHRISTINE GEORGES
 TOM & OURANIA GEORGES
 ANGELA GIONIS
 THEO & MARIA GOULETAS
 DOUGLAS & MARY GRAHAM
 MAXINE GREPIOTIS
 TOM & LIBBY GREPIOTIS
 ANATOL GRYNEWYTSCHE
 JESSIE & LIA HANLINE
 KATHERINE HARAMIS
 ROGER & DINA HEADRICK
 BARRY & RUTH HENDRICKS
 JASON & LEA HOLBROOK
 GEORGE & ATHINA IKONOMOU
 CHRIS & ELAINE JANSEN
 JIMMY & FLOSSIE KALIGOS
 GEORGE KATSANTONIS
 MICHAEL & NIA KOKORELIS
 JAMES KOUMBAS
 ANGELA KRITIKOS
 POLYDEFKIS & GEORGIA KYPRIANDES
 MICHAEL LANDON
 ANNA MAGERAS
 ZENA MAGERAS
 JOHN & DEBBIE MALLIARAKIS
 JULIA MALLIARAKIS
 NICOLAS MALLIARAKIS
 RYAN MALOVRH & ASIMINA PHILLOS
 HOWARD MANDEVILLE
 STEVE & PAT MANOS
 SYLVIA MARCIN
 ATHENA MARKOS
 GEORGE MARKOS
 MICKEY MARKOS
 TED MAROULIS & MARIA STEFANIS
 NICK & KATHY MATTHEWS
 LOULA MAURAKIS
 ALEX & JOANIE MICHALOS
 JOHN & MARY MICHOS
 AL & CHRISTINE MIGNOGNA
 MARIA MITCHUM
 GARY & HELEN NICHOLLS
 PAUL PANTELIS
 ELIZABETH PAPPAS
 HELEN PAPPAS
 MARLEENA PAPPAS
 PETE & RHONDA PAPPAS
 KENT & GEORGENE PAUMIER
 JOHN PAWLUK
 BOBBY & DIANE PEARCE
 FRANK & STEPHANIE PERI
 GEORGE PETRAKOS
 SAM PHILLOS
 CLEO PILEGGI
 KONSTANTINOS & SEVASTI POLYZOS

ELIZABETH PUCKETT
 PETRA RADULOVIC
 BRANDON RAINEY & DAVITHOULA PETRAKOS
 BILL & MARIA RINGAS
 GEORGIA SALIH
 GREGORY SAUR
 JOE & JANE SAUR
 TASIA SAVRIDES
 ATHENA SAVVAS
 MARTHA SAWTSCHENKO
 PAULINE SCHLIM
 DOUG SMITH
 KURT & VICKY SMITH
 TIMOTHY & ANNA SOFIS
 IRENE SOFIKITIS
 CHRISTINE ST. MARTIN
 PETE & DIANNE SUN
 SOFOS TAKIS
 ANGELO & NIA THEODOROGIANNIS
 NICHOLAS & MARGARET THEODOSAKIS
 JOHN & JOANNE THOMAS
 MARK & MARGARET THOMPSON
 CHRIS & PAULA TOFALLI
 SOTOS & PANAYIOTA TOFALLI
 CHRISTOS TOWNS
 LAMBROS TZEREFOS
 JOANNA VALLAS
 BOBBY & MARIA VIDAKIS
 NICK & BARBARA VLATTAS
 EVELYN VRETOS
 NICK VRETTOS
 SOPHIA & ANTHONY WALTZ
 JOHN & BETTY WARHOL JR.
 JOHN WILLIAMS
 JAMES WOODBURY
 KATHERINE YEAPANIS
 CHRIS & HOPE ZAMBAS
 ERNEST & ANGELA ZICHAL

WE ALSO THANK THE FOLLOWING PARISHIONERS WHO HAVE MADE CONTRIBUTIONS THIS YEAR BUT HAVEN'T COMPLETED A STEWARDSHIP COMMITMENT FORM:

ALBERTO & NATALYA ACCARDI
 JESSE & VIOLA ALLEN
 CONNIE ANASTASIOU
 ALIKE ASIME
 IRAKLIS & HELEN BAXAVANIS
 KOSTAS & MARIA BAXEVANIS
 JOHN CHRISTOU
 MARK CUSHEN
 WALTER CUSHEN
 JOHN & HANAN DAUD
 BARBARA DELLAVALLE
 JOE & HELEN DENNIE
 DARRELL & DEEMA FANN
 BRIAN & ANDREA FINK
 CATHERINE FISHER
 CHRIS GEORGE
 HELEN GEORGE
 JACK & MARY GEORGALAS

MARIA KAUDIS
 ANGIE KARATSIKIS
 JOHN & REBECCA KARATSIKIS
 SAM KHOSHABA
 BRIAN & CYNTHIA KILLOUGH
 JOHN & HELEN KOENIG
 JOHN & SHERRI KONSTANTINOU
 CHRISTOPHER & EVA KYRUS
 JAMES LUCKRING
 BOB & ZOE ANN LUMPKIN
 NIKI MAGERAS
 ZOE MARCOPOULOS
 ZORAN MARTINOVIC
 SAMUEL & MARY MCCORMICK
 RICHARD & JETTE MIKITA
 CHRIS MOVROYDIS
 PATI MZHAVANADZE
 SHARON OTERO
 DORIAN & CAMELIA PANA
 VOULA PANAGS
 BRIAN & JENNIFER PATRINELY
 DIMITRI & VOULA PETRAKOS
 KONSTANTINE & BECKY PIETRONUTO
 RANDY & KAREN PINGLEY
 MEL & FRANCES POLIZOS
 JOHN & AGNES SAMOS
 HARRY SAMOS
 SAMIR & KATERINA SANBAR
 CHARITA STAVROU
 PAUL & MARIA SUMMA
 VERONICA TAYLOR
 ANASTASIA THEODOROGIANNIS
 COSTA THEODOROGIANNIS
 MIKE & FRANCES TSIMPLEKIS
 STAVROULA VALENTIN
 NICK & VOULA VRETAKIS

We encourage our parishioners to fill out a 2018 Stewardship Pledge Form if they have not already done so. Your Stewardship is vital to support the ministries of Saints Constantine and Helen. Forms are available in the Narthex and also on the church website. Thank you for your commitment of time, talent and treasure.



CHRISTMAS CARD AND POINSETTIAS



COMMUNITY CHRISTMAS CARD

You are cordially invited to participate in our annual Community Christmas Card. This quality card presents a convenient way

to send holiday greetings to your fellow parishioners and support your Church at the same time. Due to printing schedule in order for your name to be included, this form must be accompanied with your remittance by November 28, otherwise your name will not appear in the card. Sponsorship donation \$30.00 payable to the Church.

(Your name(s) will on the card as you have printed it above.)

PLEASE MAIL 9OR PLACE IN OFFERING BASKET) this completed form with cash or your check payable to:
 Saints Constantine and Helen Greek Orthodox Church
 Attention: Christmas Card
 60 Traverse Road
 Newport News, VA 23606



CHRISTMAS DÉCOR POINSETTIAS

Please complete this form and return it to the Church office (or in the Offering Basket) no later than November 28.

Poinsettia(s) ___ at \$20.00 each. Total Amount: _____

Given in Honor of _____

Given in Memory of _____

Given in Thanksgiving for _____

Your Name: _____

Phone Number: _____

Email: _____

OCTOBER SUNDAYS

(Continued from page 7)
 anyone, came up behind him, and touched the fringe of his garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched me?" When all denied it, Peter and those who were with him said, "Master, the multitudes surround you and press upon you!" But Jesus said, "Some one touched me; for I perceive that power has gone forth from me." And when the woman saw that she was not hidden, she came trembling, and falling down before him declared in the presence of all the people why she had touched him, and how she had been immediately healed. And he said to her, "Daughter, your faith has made you well; go in peace." While he was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher any more." But Jesus on hearing this answered him, "Do not fear; only believe,

and she shall be well." And when he came to the house, he permitted no one to enter with him, except Peter and John and James, and the father and mother of the child. And all were weeping and bewailing her; but he said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand he called, saying, "Child, arise." And her spirit returned, and she got up at once; and he directed that something should be given her to eat. And her parents were amazed; but he charged them to tell no one what had happened.

SAINTS AND FEASTS COMMEMORATED

Arsenius and Athanasios of Androusa in Messenia, Patriarchs of Constantinople
 Angelis, Manuel, George, & Nicholas, New Martyrs of Crete
 Rostislav, the Great Illumined Duke of Moravia
 7th Sunday of Luke

Our Righteous Father Steven the Sabbaiter

WISDOM OF THE FATHERS

He puts an end to the woman's fear ... He sets her right, in respect of her thinking to be hid ... He exhibits her faith to all, so as to provoke the rest also to emulation ... St. John Chrysostom, Homily 31 on Matthew 9, 4th Century

HYMNS OF THE DAY

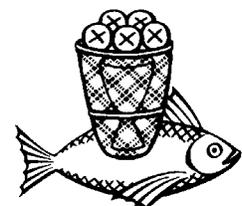
Resurrectional Apolytikion in the Plagal First Mode

Let us worship the Word, O ye faithful, praising Him that with the Father and the Spirit is co-beginningless God, Who was born of a pure Virgin that we all be saved; for He was pleased to mount the Cross in the flesh that He assumed, accepting thus to endure death. And by His glorious rising, He also willed to resurrect the dead.

Seasonal Kontakion in the Second Mode

O Protection of Christians that

cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.



PARISH COUNCIL MINUTES—AUGUST 20

I: Call to Order & Opening Prayer:

Present: Father George Chioros, Frank Peri, John Dermanis, Zena Mageras, Kent Paumier, Greg Bicouvaris, Elias Doulgerakis, Stavroula Gailey, Nick Matthews, Anastasia Theodorogiannis

Absent: Bobby Garofalis, Tom Grepiotis

Guest: Alvin & Alexa Garrison

The meeting convened at 1834 with an opening prayer by Father George. The following items were discussed:

II: Minutes:

Theodorogiannis made motion to approve the meeting minutes of the 25 Jun 18 meeting; seconded by Mageras, passed unanimously.

III: Correspondence:

Thank You Letters from Virginia Peninsula Foodbank, DTD 27 Jun 18 and 9 Aug 18, for our food donations of eighty-nine pounds and ninety pounds of food respectively.

Letter of Thanks from Dean Peri for the Church sponsoring him to attend to Camp Good Shepherd this past July.

IV: Treasurer's Report: By Mageras & Alvin Garrison, attached with minutes.

Need to move the rest of the Festival account money to the Church account.

Garrison to meet with Kurt Detweiler to capture Festival accounts.

Need to complete

Church's fixed assets list

V: Visitor's Comments:

Alexa Garrison - Clergy Laity Report. Attached with minutes.

Thanked the Parish Council for allowing her and Alvin to represent our community at the Clergy Laity. Alexa sang with National Forum of Greek Orthodox Church Musicians for Sunday's Hierarchical Liturgy and reception for the Metropolitans and leadership 100 guests. Attended the following workshops:

New liturgical hymnal for parishes with the new synod approved English translation. I would like to see the church purchase these hymnals. They could possibly be used as congregational singing for week day services.

Religious Education - Recommends a plan for the year with a curriculum that needs to be promoted. Alexa has information on other community's year-long themes.

Youth Safety - By Sept. 2019 anyone who works with the youth will need to register, be trained, screened and have a background check. Dancers, basketball, SS teachers, Goya anyone who is with the youth. Have spoken to Mariam about this.

Choir Conference in Richmond Oct. 11-14. May have 8 attending at \$175 registration. Hope PC will again pay for registration.

Meeting with Rosa from Steinway Piano in Richmond Sept. 11 to see our church, look at speakers, and get her thoughts concerning a new Allen organ. We now have an Allen. Could cost between \$40 and \$60,000.

Alvin Garrison attended the financial workshops and reported on the following:

The Archdiocese 5.5-million-dollar loan (fraud) audit is ongoing.

The Archdiocese is at fault the pension short funding.

ST. St. Nicholas Greek Orthodox Church construction is back on track.

Holy Cross financial issues. Enrollment at the school is down.

Father George thanked Alexa and Alvin for attending the Laity.

VI: Committee Reports:

Youth Ministry - Mariam Canavos

VBS- 15 kids but went well. Posted pictures in the Cross+Roads newsletter.

Camp Good Shepherd - Took James St. Martin, Dean Peri, Will Estes, Aidan and Cono Capobianco, Sidony, Georgia and Lexi Gatchell. Total 96 kids. Took 8 kids this year. Helped pay for 4.

Also in Cross+Roads along with Deans thank you letter.

Sunday school - starting September 9 directors Viola Allen and Frances Tsimplekis.

Goya room and organized Goya storage closet.

Working with Brian Kilough to update the youth and young adult website page.

Basketball is going to start up after Labor Day.

We have 18 altar boys this year.

Orthodoxy on tap- for young adults and OCF doing one on the peninsula.

CNU-Campus lunch once a month

House Committee - Barbara France

Upcoming Events:

August 18th - NNPD

Wedding - will be on September Report

September 9th - AHEPA Back to School Picnic

September 15th - New Member Welcome Sunday

September 22nd - Peninsula Caged Birds Event

September 29th - Wedding

October 9th - Wedding (Parishioner)

October 18th - 20th - Fall Festival (both weekends before and after are unavailable for rental)

Only three (3) weekend dates are available for rental thru the end of 2018: November 3, November 24 and December 1. The 2019 calendar is filling up also. It might be a good idea to put an announcement in the Sunday bulletin and/or Crossroads asking Clubs and individuals to get their dates on the 2019 calendar as soon as possible.

The dishwasher has

been making a noise while running which has gotten louder over time. Dick Moyland believes it may be the motor's bearings and will pull the motor and check them for a cost of a few hundred dollars. Moyland is also pricing/locating a replacement motor.

Festival Committee - Fall Festival October 18, 19 & 20

Maintenance Committee - Doulgerakis has fixed some pot holes in the parking lot and is working on paint for the Church.

Stewardship Ministry - Nick Matthews:

Stewardship (Fund 1) as of 07/31/2018-\$106,192.20

Stewardship Other (Funds 1 & 2) as of 07/31/20-\$137,787.76

Total (Funds 1, 2 & 3) as of 07/31/2018-\$141,354.76

Families Pledged as of 07/31/2018-135

Stewardship Commitment-\$143,585.00

Average Family Pledged-\$1,063.59

VII: Priest's Report - Father George

9 Sept - First day of Sunday School, Agiasmos for Sunday School & Greek School, AHEPA picnic & Trisagion Service for 11 Sept anniversary.

11 Sept - First day of Greek School

16 Sept - New Member Sunday with reception to follow & 2ND tray for Hellenic College/Holy Cross

12 Sept - Adult Education classes begin, the theme is "Sacraments", Theology of the Sacra-

ments and how they are done' Paraclesis at 6:00 PM

22 Sept - Sixth Annual Father Savas Constantinou Memorial Family Mission Walk 9:00 AM-2:00 PM at First Landing State Park

We need to get Barry Hendricks name plate for the Parish Council Presidents plaque

VIII: Unfinished Business:

Cleaning Library - Dr. Gailey to clean out and organize the library.

PayPal for Receiving Donations - Venmo is out as an option. We need to activate PayPal.

Security System follow up - Church office door access control KAMCO is looking for door parts for the system to work.

VIII: New Business: Prioritized Budget Items - Church organ, maintenance items etc... - Peri, Dermanis & Alvin Garrison to meet.

Around the Room: Theodorogiannis -

Asked about placing an advertising billboard, facing the interstate on the church grounds. She will find out more information from the billboard company and report back at next PC meeting.

Mageras - We need to start looking at back-up for Sylvia in the office.

IX: Adjournment:

Fr. George offered the closing prayer at 2020. Next PC meeting will be on 24 Sept at 1830.

X: Certification: Respectfully Submitted Kent M. Paumier Secretary

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

1 Monday

6:30 pm Philoptochos Meeting

2 Tuesday

5:00/8:00 pm Greek School

3 Wednesday

6:00 pm Paraclesis
7:00 pm Education Series
7:15 pm Choir

4 Thursday

6:45 pm HWPS

6 Saturday

4:00 pm Wedding

7 Sunday

3rd Sunday of Luke
National Church Music Sunday
8:45 am Orthros
10:00 am Divine Liturgy
1-Year Memorial for Mary Pitsilides

9 Tuesday

12:00 pm Senior Citizens' Luncheon with Norfolk
5:00 pm/8:00 pm Greek School

10 Wednesday

6:00 pm Paraclesis
7:00 pm Education Series
7:15 pm Choir

14 Sunday

7th Ecumenical Council
8:45 am Orthros
10:00 am Divine Liturgy

16 Tuesday

5:00 pm/8:00 pm Greek School

17 Wednesday

6:00 pm Paraclesis
7:00 pm Education Series
7:15 pm Choir

18 Thursday

Saint Luke the Evangelist

9:00am Orthros
10:00am Divine Liturgy
Fall Festival (4pm-10pm)

19 Friday

Fall Festival (11am - 10pm)
Goya Event in Richmond

20 Saturday

Fall Festival (11am - 10pm)
Goya Event in Richmond

21 Sunday

6th Sunday of Luke
8:45 am Orthros
10:00 am Divine Liturgy

23 Tuesday

5:00 pm/8:00 pm Greek School

24 Wednesday

6:00 pm Paraclesis
7:00 pm Education Series
7:15 pm Choir

25 Thursday

6:00 pm Great Vespers at St. Demetrios, Williamsburg
6:45 pm Ahepa/Daughters Meeting

26 Friday

St. Demetrios
9:00am Orthros
10:00am Divine Liturgy

28 Sunday

7th Sunday of Luke
8:45am Orthros
10:00am Divine Liturgy
General Assembly following Divine Liturgy

30 Tuesday

5:00 pm/8:00 pm Greek School

31 Wednesday

6:00 pm Paraclesis
7:00 pm Education Series
7:15 pm Choir

**Saints Constantine & Helen
Greek Orthodox Church
60 Traverse Road
Newport News VA 23606**

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METROPOLIS OF NEW JERSEY



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Fax (757) 596-2967

COME WORSHIP THE GLORY OF GOD



Sunday Services

8:45 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Religious Education (Sep-May)
12:00 a.m. Christian Fellowship (Hellenic Center)

Mission Statement

The mission of Saints Constantine & Helen Greek Orthodox Church in Newport News, Virginia is to keep, practice, and proclaim the Orthodox Christian Faith. The work and ministry of our Parish will include proclaiming the Gospel, sanctifying the faithful through God's grace in worship, the Divine Liturgy and the Sacraments, and enhancing their spiritual life. We will fulfill the great commission of our Lord and Savior Jesus Christ by inviting others into the Church through Baptism and/or Chrismation, educating them in the Orthodox Faith through the establishment of programs, schools and philanthropic activities, and implementing Christian ministries.